

Wisconsin Diabetes Weekly

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In the News

Regular Thyroid Testing Recommended Regardless of Diabetes Type

Thyroid dysfunction is common among people with diabetes regardless of type, suggesting that biochemical thyroid screening should be a part of routine management for those with type 1 diabetes and type 2 diabetes, according to a recent analysis. The American Diabetes Association currently recommends universal screening for thyroid dysfunction in type 1 diabetes. In the observational study, researchers analyzed data from 1,617 adults participating in the Fremantle Diabetes Study Phase II. [Read more.](#)

Fewer Kids Hospitalized for DKA After Quality Improvement Initiative

Implementation of an evidenced-based treatment guideline by a multidisciplinary team appears to have significantly cut the number of pediatric hospitalizations for low-risk diabetic ketoacidosis (DKA), researchers report. "Our physicians had some reservation that this may lead to some children returning to the emergency department (ED) 1-2 days later even more ill than at initial presentation," said Dr. Kelly R. Bergmann of Children's Minnesota, in Minneapolis. "But we didn't see that at all. I think that's a testament both to our ED care and the follow-up children receive from our endocrine clinic." [Read more.](#)

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Important News

March *Working with Diabetes* Now Available

The **March 2020 issue of *Working with Diabetes*** is available. If you are interested in wellness resources, [sign up to receive the *Working with Diabetes* newsletter.](#) [Access previous issues.](#)

CDC Releases National Diabetes Statistics Report 2020

The CDC has released the ***National Diabetes Statistics Report 2020***, which provides the state of diabetes in the U.S. through analyses of the most recent health data on diabetes and related complications.



Call for Applications: 2020 Million Hearts® Hypertension Control Challenge *Submission deadline April 6, 2020*

Many health professionals work with their patients to achieve blood pressure control. The **2020 Million Hearts® Hypertension Control Challenge** will identify public and private clinicians, medical practices, and health systems located in the United States that have demonstrated exceptional rates of hypertension control. Health professionals, practices, and health systems that have achieved **hypertension control rates of at least 80% are eligible to enter the 2020 Million Hearts® Hypertension Control Challenge** for possible recognition as a Champion. The submission deadline is April 6, 2020.

Congratulations to Wisconsin's previous winners: Marshfield Clinic Health System (2019), Plymouth Family Physicians (2017), River Falls Medical Clinic (2013), ThedaCare (2013), and Ellsworth Medical Clinic (2012).



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In the News *(continued)*

Longer Lactation Duration Associated with Lower Risk of T2D

Longer duration of lactation is associated with a lower risk of type 2 diabetes (T2D) and was also found to be a favorable glucose metabolic biomarker profile among women with a history of gestational diabetes mellitus (GDM). The Nurses' Health Study II examined the association between lactation duration and the incidence of T2D among women with a history of GDM. A research team at the National Institute of Health monitored 4,372 women aged 25 years and older with a history of GDM for incident T2D through 2017. [Read more.](#)

AMA Survey Shows More Doctors Embracing Telehealth

Telehealth and remote monitoring are becoming significant forces in health care delivery, according to a new survey by the American Medical Association (AMA). The number of physicians who use telehealth for visiting with patients has doubled between 2016 and 2019, although the overall number remains relatively low with 28% of surveyed physicians reporting they have adopted telehealth technology. Remote patient monitoring has also grown, from just 13% of physicians using it in 2016 to 22% in 2019. [Read more.](#)



Telemonitoring Plus Phone Counseling Lowers BP Among Black and Hispanic Stroke Survivors

Adding phone-based lifestyle counseling to home blood pressure (BP) telemonitoring is an effective strategy to improve long-term BP control among minority stroke survivors with uncontrolled high BP. Researchers randomly assigned 450 black and Hispanic stroke survivors with uncontrolled blood pressure (average age 62; 51% black; 44% women) to home blood pressure telemonitoring alone with monthly feedback to primary care providers, or home blood pressure telemonitoring plus telephone-based counseling by nurses. [Read more.](#)



Resources in this newsletter are compiled by the Wisconsin Chronic Disease Prevention Program.

Journal Articles and Reports of Interest

The Contemporary Prevalence of Diabetic Neuropathy in Type 1 Diabetes: Findings from the T1D Exchange. Mizokami-Stout KR, et al. *Diabetes Care*. 2020 Feb 6. doi: 10.2337/dc19-1583. [Epub ahead of print]

Gestational Diabetes and Long-Term Risk for Dyslipidemia: A Population-Based Historical Cohort Study. Chodick G, et al. *BMJ Open Diabetes Res Care*. 2020 Jan;8(1). doi: 10.1136/bmjdr-2019-000870.

Learn More About Assessment of Comorbidities in Diabetes



For More Information

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