

Next Steps:

While you wait for your COVID-19 test results

If you've been exposed to COVID-19: Wear a well-fitting mask, and monitor for symptoms while you wait for your test results, even if you are up to date with COVID-19 vaccinations.

If you have symptoms of COVID-19: Separate yourself from others in your home, monitor for new or worsening symptoms, and wear a well-fitting mask while you wait for your test results even if you are up to date with COVID-19 vaccinations.



Protect yourself and others

- Stay away from others while you wait for your test results.
- Wear a well-fitting mask when you are around others in your home and in public while you wait for your test results.
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with 60% alcohol if you don't have soap and water.
- Clean "high-touch" surfaces every day (such as tabletops, doorknobs, phones, and keyboards).
- Do not touch your eyes, nose and mouth if you haven't washed your hands.



Self-monitor for symptoms

- Keep track of when you have any new symptoms.
- Check your temperature two times a day.
- If you are sick, keep a daily record of fever, cough, and any other symptoms.
- If your symptoms get worse, contact a doctor. If you are having a medical emergency, call 911.

Were you tested at a clinic or hospital?



A doctor will contact you when your results are available. Do not contact your local health department for test results.

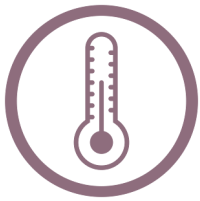
For more information, visit: www.dhs.wi.gov/covid-19/symptoms.htm.

What to do with your COVID-19 test result

+ Positive test result? Isolate at home and separate yourself from others.

- **Do not leave your home.** Do not go to work or school. Do not travel or use public transportation.
- **Notify your close contacts you have COVID-19.** People you exposed, including household members, should get tested and wear a well-fitting mask when around others for 10 days.
- **Watch for symptoms.** Call 911 immediately if you need emergency medical care and tell them that you have COVID-19.
- **Wear a well-fitting mask when around others.**
- **Postpone non-urgent medical appointments.**

When is isolation over?



AND



AND



You have been **fever-free for at least 24 hours** without using medicine that reduces fevers

Your other **symptoms have improved** for at least 24 hours

At least 5 days have passed since you first had symptoms or tested positive (if you don't have symptoms)

Wear a well-fitting mask when around others for an additional 5 days after your isolation period. If your symptoms are not improving after 5 days, wait to end your isolation period until they improve.

- Negative test result? You likely do not have COVID-19 at this time.

If tested negative with a self (antigen) test, take another 48 hours after your first. A negative COVID-19 antigen test means the test did not detect the virus at this time, but doesn't rule out that you could have COVID-19.

If you were exposed to COVID-19, take these steps, even if you test negative for COVID-19:

- Monitor for symptoms of COVID-19.
- Wear a well-fitting mask when around others for 10 days after exposure.

Want to learn more?

- **Next steps after you are exposed to COVID-19:** www.dhs.wi.gov/covid-19/close-contacts.htm
- **Information for people with COVID-19:** www.dhs.wi.gov/covid-19/diagnosed.htm

